### **SUNDAY, FEBRUARY 16**

Viking Snow-O 2025



My dear Vikings and Vikings-for-the-day,

I am very happy to announce that registration for the Viking Snow-O 2025 is now open. Same as last year, this year's Ski-O and Snowshoe-O take the "Score-O" format and also allow you to use the Ondago App as a plan B in case you get lost.

The event will take place on February 16th at the Viking Chalet located at 393 Chemin Jackson, Morin-Heights, QC JOR 1HO.

There will be no registration on-site. Register online between January 11th and February 10th, and pick up your map and the control card at the Viking Clubhouse. If you are planning to use the Ondago App, please download it at home, and also download the Viking network map from it (the connection at the Clubhouse could be sketchy).

There is no equipment rental on-site, but a limited number of compasses, ski-orienteering map holders and a few pairs of snowshoes are available upon request (through Zone4 form).

## Ski-O

The start of the Ski-O will be near Skip's Hut (across the road, about 300m down), and the finish will be at the Clubbouse

We will use classic control flags and mechanical punches. The map will be printed in 1:10 000 (1 cm = 100 m) and will have 5m contours. For those who know the trails very well, surprises await: for one day only, the trails will be bi-directional except for the segments specifically marked on your map, so for this day only, you can ignore the No Entry signs but keep right and watch for oncoming traffic!

Course: Ski-O 2-hour Score-O, check-in at 10:00, mass start at 11:00

The solo skiers or teams will have 2-hours to collect as many controls as they can. The controls will be valued between 10 and 30 points depending on their difficulty, and distance from the Clubhouse. It is extremely important to come back on time: every minute after 2 hours will cost you 10 points! In the days to come, try to self-time to learn your true speed on the different types of trails: well-groomed, backcountry, or forest "shortcut".

## Snowshoe-O

The start and the finish of the Snowshoe-O will be at the Clubhouse.

We will use special control markers and mechanical punches. The map will be printed in 1:3 000 (1 cm = 30 m) and will have 5m contours.

Course: Snowshoe-O 2-hour Score-O, check-in at 11:00, mass start at 12:00

The solo runners or teams will have 2 hours to collect as many controls as they can. The controls will be valued between 10 and 30 points depending on their difficulty, and distance from the Clubhouse. It is extremely important to come back on time: every minute after 2 hours will cost you 10 points!

#### The timetable will be as follows:

10:00-10:20	Ski-O arrivals and confirmation of your presence
10:20-10:35	Instructions, including update on the trail conditions
10:35-10:45	Map and control cards distribution and course planning
11:00	Ski-O mass start at the pond near Skip's hut
11:00-11:30	Snowshoe-O arrivals and confirmation of your presence
11:30-11:40	Instructions
11:40-11:55	Map and control cards distribution and course planning
12:00	Snowshoe-O mass start outside the Clubhouse
13:00	Finish of the Ski-O inside the Clubhouse
14:00	Finish of the Snowshoe-O inside the Clubhouse

Hot chocolate and light snacks will be available in the kitchen upstairs.

There will be no awards, but everybody will get an amazing participation souvenir after the finish. The results will be published within 2 days of the competition.

Your safety is your responsibility. Please dress warm, and ensure you have your watch, compass, whistle, snacks, beverages, and emergency pack. Check your equipment, charge your cell phone, and keep it warm (I tape a Hotshot to the back of mine).

# Registration fees:

Adult (18+): \$22Child (17-): \$12

The registration fees cover also the day pass and parking.

Online Zone4 registration: <a href="https://zone4.ca/register.asp?id=37549">https://zone4.ca/register.asp?id=37549</a> before midnight February 10th. There will be no on-site registration!

Don't hesitate to contact me with any questions. See you in the forest! Anna Fichman <u>anna fichman@hotmail.com</u>

